

Kids Can Cook!

Together parents and their children learn how to create simple snacks and meals from scratch. We learn about nutrition and kitchen safety while exploring the deliciousness of fresh foods. Most importantly we have fun!

Free entrance for parents of children ages 0-12 who are currently low income

Ages 5-12

Registration required

\$15/workshop for parent and child \$5 each additional child

Workshops are held at our CCS kitchen: 209A - 16th Ave N, Cranbrook

sign up

ph: (778) 517 5447

email: cranbrookck@gmail.com

Spring Schedule

Wednesdays Apr 25 **May 30**

3:30 - 5:30

May 2

Jun 6

Dinner included. We all sit down

May 9

Jun 13

to eat together!

May 23

Jun 20

